

Community Board Profiles and Improving Health Outcomes

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**Considerations:** ☒ Information ☒ Discussion  
☐ Decision ☐ Endorsement

Please indicate to which priority in the [Happier, Healthier Lives Strategy \(2021-2024\)](#) your report links to. If none of the below, please add text to show links.

☒ Start Well ☒ Live Well  
☒ Age Well ☐ Other, please explain below

## 1. Recommendation to the Health and Wellbeing Board

It is recommended that the Health and Wellbeing Board note and utilise the Community Board Profiles to assist targeting of local actions and to support the Health and Wellbeing Strategy delivery.

Community Board geographical boundaries do not always match NHS boundaries, such as primary care networks, however these profiles are updated annually and can be used by all partners to help understand their local population better and enable the tailoring of services.

## 2. Executive summary

Community Board Profiles are a tool to assist the 16 Community Boards and partners to identify key areas of focus and priorities for the board related to health and wellbeing. The Public Health team, using the data profiles, also produced written recommendations tailored for each community board, highlighting practical projects that could be implemented locally. The Community Board Profiles can be used to highlight differences in health within and between areas to enable bespoke health and wellbeing initiatives to be designed and delivered. Many Community Boards are working to improve health outcomes. As a result of the profiles, a wide variety of work is happening across the county with Community Boards ranging from linking into ongoing Public Health projects to creating new projects with partners in each Community Board area.

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### 3. Content of report

#### Introduction to the Community Board profiles

Community Boards were formed in 2020. They are a way of bringing the council, groups, organisations, and local people together to address local priorities. The Community Board Profiles are designed to help Community Boards fulfil this role. They cover a wide range of data about the population, living conditions, health, economic conditions, and community safety across the life course in each area. The data included also aligns with the Health and Wellbeing Strategy covering indicators, such as obesity, mental health, cardiovascular disease, and social isolation.

The Public Health team, using the data profiles, also produced written recommendations tailored for each community board, highlighting practical projects that could be implemented locally to improve health and wellbeing. The recommendations common to most Community Board areas included:

- Preventing diabetes, heart disease, and stroke
- Supporting residents in adopting healthy lifestyles, such as quitting smoking and healthy eating
- Improving mental health, tackling social isolation, and reducing stigma
- Supporting children to have a healthy start in life

There is an interactive version of the profiles which includes interactive maps to enable the user to explore local areas in more detail. The interactive profiles and the recommendations are published on our webpages ([Local Profiles \(healthandwellbeingbucks.org\)](http://healthandwellbeingbucks.org)).

#### Health Inequalities at a local level

People living in more deprived areas are more likely to live in poor health and die earlier than people living in less deprived areas. The Community Board Profiles illustrate the inequalities within and between areas. Life expectancy ranges from 79.5 to 83.8 years for men and 82.7 to 87.3 years for women across the community board areas. The profiles also show the variation within Community Board areas as highlighted in the table below and in the Appendix.

Below is an example of the variation between one of the least deprived areas and one of the more deprived community board areas.

Amersham	Aylesbury	
Male life expectancy is 83.8 years (range within area from 83 to 84.6 years) Female life expectancy is 87.3 years (range within area from 86.2 to 89.1 years)	Male life expectancy is 79.5 years (range within area from 77.2 to 82.3 years) Female life expectancy is 82.7 years (range within area from 80.5 to 85.5 years)	
Less ethnically diverse	More ethnically diverse	
4.1% children living in poverty	16% children living in poverty	
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6.2% of all births are low birthweight	7% of all births are low birthweight
25.4% children overweight by year 6	35% children overweight by year 6
Lower emergency admissions rates	Higher emergency admission rates
5.0% of adults have diabetes	7.2% of adults have diabetes
9.6% of adults have diagnosed depression	14.2% of adults have diagnosed depression
10.3% of the population at risk of food insecurity	17.6% of the population at risk of food insecurity
Lower air pollution	Higher air pollution
Lower crime rates	Higher crime rates including drug crime and domestic violence and abuse

### How are Community Boards working to develop solutions to improve health outcomes?

Many Community Boards are working to improve health outcomes. There is a wide variety of work happening across the county with Community Boards, and below are some examples.

As part of the Cardiovascular Disease Prevention programme for the county, High Wycombe Community Board supported Public Health to make links with WISE Mosque for a blood pressure pilot. This has been very successful, and it was able to move at pace due to the Community Board chairman's involvement and enthusiasm.

Other health and wellbeing projects with and by Community Boards include community growing in Wexham & The Ivers, a Health and Wellbeing event at Grange School in Aylesbury, Smokefree Parks projects in several Community Boards, and special NHS Health Check events organised by Community Boards.

## 4. Next steps and review

The profiles have been made available to a range of partners and will be updated on an annual basis in October. They will be informed and amended in line with feedback received from Community Boards and other users.

## 5. Background papers

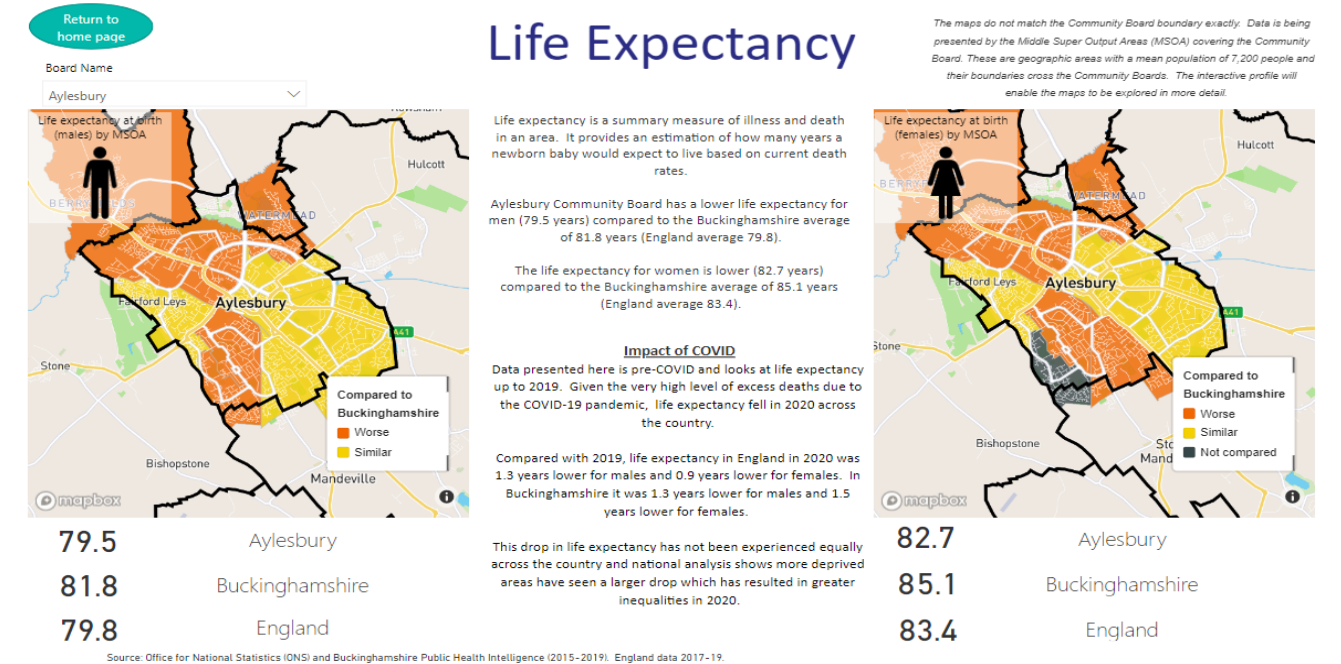
Community Board interactive profiles and Public Health Recommendations are all published at [Local Profiles \(healthandwellbeingbucks.org\)](http://healthandwellbeingbucks.org)

Example from profiles are contained in the Appendix.

# Health & Wellbeing Board

## Buckinghamshire

### Appendix



### Emergency Hospital Admissions by Community Board

Emergency Hospital Admissions 2019/20 by illness - Directly Standardised Rate per 100,000 population

Board Name	All	Cancer*	Cardiovascular	Dementia	Mental Health*	Respiratory	Under 5 years
Amersham	8,690	148.4	642.1	566.3	83.8	1,110	19,786
Aylesbury	12,888	242.8	1,014.5	604.0	118.7	1,719	24,439
Beaconsfield and Chepping Wye	8,578	179.9	715.8	471.3	77.6	1,165	19,977
Beeches	10,896	182.0	870.8	586.1	88.9	1,501	19,811
Buckingham and Villages	9,083	230.0	824.3	560.2	75.5	1,293	24,213
Chesham and Villages	9,739	167.7	765.1	524.7	72.0	1,374	23,095
Denham, Gerrards Cross and Chalfonts	9,660	221.9	751.0	516.7	62.0	1,445	20,054
Haddenham and Waddesdon	10,243	193.3	779.7	558.3	48.7	1,238	24,004
High Wycombe	12,494	220.9	1,077.4	795.1	112.9	1,811	26,102
Missendens	9,119	152.8	721.5	420.5	77.5	1,068	25,942
North West Chilterns	10,116	169.4	738.2	477.6	82.0	1,262	23,716
South West Chilterns	8,981	141.6	744.9	481.0	50.7	1,236	20,943
Wendover	10,067	219.5	724.7	449.1	61.8	1,247	20,169
Wexham and Ivers	10,909	212.2	1,024.7	622.3	106.5	1,394	19,865
Wing and Ivinghoe	10,422	194.7	799.6	599.2	107.0	1,261	22,031
Winslow and Villages	9,288	184.2	676.8	606.8	64.7	1,473	27,156
Buckinghamshire	10,283	193.3	819.0	549.9	84.6	1,389	23,042

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Maps for Community Boards can be found in the profile links above and as shown below.

### Community Boards 2021

