

## Cabinet supplement agenda

Date: Tuesday 11 July 2023

Time: 10.00 am

Venue: The Oculus, Buckinghamshire Council, Gatehouse Road, Aylesbury HP19 8FF

## Membership:

M Tett (Leader), Cllr A Macpherson (Deputy Leader and Cabinet Member for Health and Wellbeing), G Williams (Deputy Leader and Cabinet Member for Climate Change and Environment), S Broadbent (Cabinet Member for Transport), J Chilver (Cabinet Member for Accessible Housing and Resources), A Cranmer (Cabinet Member for Education and Children's Services), C Harriss (Cabinet Member for Culture and Leisure), A Hussain (Cabinet Member for Communities), P Strachan (Cabinet Member for Planning and Regeneration) and M Winn (Cabinet Member for Homelessness and Regulatory Services)

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7 The Dementia Journey - a rapid review of support for people living 3 - 10 with dementia and their carers in Buckinghamshire – Cabinet response

If you would like to attend a meeting, but need extra help to do so, for example because of a disability, please contact us as early as possible, so that we can try to put the right support in place.

For further information please contact: Ian Hunt democracy@buckinghamshire.gov.uk



## Recommendations from the Health & Adult Social Care Select Committee Rapid Review Group into support for people living with dementia and their carers in Buckinghamshire

Chairman of the Review Group – Cllr Carol Heap **Principal Scrutiny Officer – Liz Wheaton** Response from Buckinghamshire Council's Cabinet and Buckinghamshire, Oxfordshire and Berkshire West Integrated Care Board (ICB)

	Recommendation	Cabinet/ICB Response Agree/Not Agree/Agree in Part to the recommendation & comments	Cabinet Member/Lead Health Partner/Lead Officer & timelines for delivery
1	. Develop a multi-agency Buckinghamshire Dementia strategy with specific action plans aligned to the Dementia Well pathway which brings together activities from across the health and social care system and local communities.	Agree  The Strategic Approach and Direction to tackling Dementia is set by the multi-agency Dementia Steering Group and will be informed by the National Major Conditions Strategy and review of the current all Age Mental Health Strategy that expires in 2023.  A specific action plan has been developed to align with the Dementia Well pathway. This will be reviewed on a routine basis and will be aligned to the Government's Major Conditions Strategy when published. Implementation and monitoring will be led by the multi-agency Dementia Steering Group.	Dementia Strategy Group: Adrian Timon / Dr Sian Roberts  Strategic approach to be steered by the Dementia Strategy Group.  2024
2	Review the membership of the Dementia Strategy Group to include a broad representation within each pathway to	Agree  The Buckinghamshire DSG already includes a wide range of stakeholders –	Dementia Strategy Group: Adrian Timon, Integrated Commissioning, Buckinghamshire

Council

	ensure a strong, collaboration of key people responsible for delivering the dementia strategy.	primary and secondary care providers, Buckinghamshire Council, Alzheimer's Society, Carers Bucks dementia friendly community groups, the dental profession and Health Education England.	DSG meetings are bi-monthly so recommendation completion will be August 2023.
		However, following the Committee's recommendation the DSG will explore extending its membership to ensure it has the strongest collaborative stakeholder group. The DSG will seek to include Care Home commissioner and provider representation, and a Councillor with an interest in dementia.	
3.	Care to provide a renewed focus on increasing the take-up of the NHS Health check for eligible 40–74-year-olds. A memory question should be part of all health checks and a more consistent approach to the information provided to patients as part of the health check should be agreed.	Agree in part  The Council, Integrated Care Board and Primary Care teams are committed to increasing the uptake of the NHS Health Check for eligible residents. The NHS Health Check is a nationally mandated scheme and as such the requirements of this are set out in the national specifications. Those specifications currently include a memory section for individuals aged 65 and older.  As the scheme is set out nationally, both the NHS Health Check programme and wider primary care would need additional resources to extend this memory section to younger ages.  Healthcare practitioners delivering the Health Checks receive annual training. The Council's Public Health team will ensure the importance of the memory question for residents aged 65+ is emphasized during this training. A review of this portion of the NHS Health Check will be undertaken to identify any further support and guidance necessary to ensure consistent and effective delivery.	Buckinghamshire Council: Angela Macpherson, Cabinet Member Health and Wellbeing  Tiffany Burch, Consultant in Public Health Medicine  Improvements to training programme delivered this financial year.  Quality assurance will be ongoing as each practice is visited once a year.  Ongoing.
4.	Public Health to include risks associated with dementia as part of all relevant public health campaigns, particularly on cardiovascular disease, so people make the connection that lifestyle choices affect both the heart and the brain.	Agree  The Council agrees that the risk factors for dementia should be more widely communicated, so that people make the connection that lifestyle choices affect both the heart and the brain.  For cardiovascular disease campaigns including Love Your Heart Bucks and the NHS Health Checks campaign, messaging will be included to highlight that 'what is good for the heart is good for the brain'. Communications for these two campaigns will include explicit mention of dementia.	Buckinghamshire Council: Angela Macpherson, Cabinet Member Health and Wellbeing  Tiffany Burch, Consultant in Public Health Medicine (cardiovascular disease campaigns)  Sally Hone, Public Health Principal (Healthy Lifestyle campaigns)  Timelines – Love Your Heart Bucks is a 3-year programme that ends in 2024/25. Dementia will be included in

			the online and physical resources and messages.  NHS Health Check campaigns are delivered 1 to 2 times per year every year.
5.	School Liaison Officers to explore whether a dementia awareness programme for all school age children could be developed and promoted to all schools in Buckinghamshire to help reduce stigma, address cultural differences and create a better understanding of dementia and what support is available.	Agree in part  The education team will be asked to signpost the following resources to PSHE leads, for use in the PSHE curriculum or as part of Dementia Awareness Week in May 2024: <a href="https://www.alzheimers.org.uk/get-involved/dementia-friendly-communities/dementia-teaching-resources/schools.">https://www.alzheimers.org.uk/get-involved/dementia-friendly-communities/dementia-teaching-resources/schools.</a> In addition, an agenda item and paper will be shared with Head Teachers through the liaison groups. Although it is likely that Head Teachers would be reluctant to commit time to developing this programme at this point in the term, information and resources that could be used would be welcomed.	Buckinghamshire Council: Anita Cranmer, Cabinet Member Education and Children's Services  Gareth Drawmer, Educational Services, Buckinghamshire Council  Carol Stottor, Public Health PHSE Lead  July 2024
6.	The BetterPoints initiative to be more widely promoted across Buckinghamshire to include all Members, Council staff, BHT staff, South Central Ambulance Service staff, Oxford Health staff, Community Boards, voluntary and community groups and all PCNs.	Agree  BetterPoints Bucks launched in January and has already engaged with these specific stakeholders in a number of ways. These have included presentations, briefings, internal comms within networks and emailing known contacts. Materials have also been provided for consistent promotion of the app across all stakeholders. Conversations continue with community boards, local businesses and BHT about how they can support the programme, with presentations to primary care staff and at community events planned in the coming months. Continued support from stakeholders is required to promote the programme across available channels.  An evaluation of the launch period is being finalised which indicates the success of social media in promoting the app. A toolkit is being developed for use by all stakeholders to strengthen awareness raising and engagement with the initiative.  Additionally, a workplace challenge will be launched in Autumn 2023 for all Council and NHS staff. Engagement with the app now will be integral to	Buckinghamshire Council: Angela Macpherson, Cabinet Member Health and Wellbeing  Sally Hone, Public Health Principal  Ongoing – programme running until December 2024

		the success for the challenge later this year.	
7.	Oxford Health to provide clarity about	Agree (already taking place)	Oxford Health Foundation Trust:
	medication reviews to those people who are receiving dementia medication and to include contact details of who to speak to about dementia medication.	At present, everyone prescribed medication following a diagnosis of dementia is requested to contact the Memory Assessment Service two weeks after starting treatment, to establish their tolerance to treatment and re-order a further supply of medication. This is communicated both verbally and in writing (including clear contact details for the service) to the individual and/or carer at the time of diagnosis.	Dr Chris Ramsay, Associate Medical Director for Older Adults Mental Health (Bucks) Theresa McLarty, Service Manager, Older Adult Community Mental Health Teams (Bucks)
		A face-to-face follow-up review takes place three months after the start of medication following a diagnosis of dementia. This is to review the effectiveness of the treatment.	Sarah Hill, Head of Service, Adults and Older Adults Community Mental Health (Bucks)
		A new Dementia Prescribing Pathway has been agreed at the local level, which enables primary care to start medication for dementia (without the need for a shared care prescribing arrangement) on the advice of the Memory Assessment Service. This is in keeping with NICE recommendations from 2018.	July 2023
		Oxford Health will continue to address medication queries and offer reviews of the tolerance and effectiveness of medication, to guide treatment decisions.	
		The Memory Assessment Service is presently being re-modelled to improve assessment capacity. The new service will go live in July 2023.	
8.	Social care commissioners to review the memory service provided in Oxfordshire and consider introducing dementia support workers at the memory clinics to provide a joined-up service to those who have just been diagnosed.	Agree in part  The Dementia Support Service (DSS) attends alternate Memory Clinic venues, delivering monthly group Post Diagnosis Information sessions to people who have been given a diagnosis and their carers.  Due to lack of capacity within the service and a lack of space at the clinic sites, it has not been possible to provide a Dementia Adviser at memory	Buckinghamshire Council: Angela Macpherson, Cabinet Member Health and Wellbeing  Tracey Ironmonger, Integrated Commissioning Integrated Care Board:
		assessments. A business case seeking an uplift of funding to enhance the DSS offer has been presented and approved both by the Council and the joint commissioning executive. However, the service is funded through the	Philippa Baker, Buckinghamshire Place Director
		Better Care Fund and both the ICB and Council will need to determine the	March 2024

		level of five discrete a few than five and in level 24/25	
		level of funding for the financial year 24/25.	
9.	Primary care, social care commissioners and the Dementia Support Service to work	Agree in part	Dementia Strategy Group
	together to develop a consistent approach to	Memory screening can be performed in the community in primary care	March 2024
	memory screening and reduce waiting times	clinicians (GPs and nurses). In addition, some PCN (Primary Care Networks)	
	across the county. To clarify and promote	Social Prescribers have also been trained to conduct memory screening. The	
	the pre-diagnostic support available.	ICB continues to promote the benefits of screening to PCNs, however as PCNs	
		are autonomous, the ICB cannot mandate that the PCNs must adopt this	
		model.	
		It is important to note that memory screening does not itself reduce waiting	
		times for a dementia diagnosis. People who are found to have cognitive	
		decline on the memory screening are referred to the Memory Assessment	
		Service (MAS) for a definitive diagnosis. Unfortunately, in Buckinghamshire	
		there is a significant wait list for the MAS (a legacy of Covid), although the	
		Memory Assessment Service has an action plan to increase capacity and	
		reduce the waiting times.	
		Patients living in care homes can be diagnosed without a referral to MAS and	
		Buckinghamshire is participating in an NHSE sponsored pilot (Diadem) which	
		includes improving memory screening and diagnosis.	
10.	Each Primary Care Network to introduce a	Agree in part (funding and training resources would be required)	Integrated Care Board:
	named dementia specialist to co-ordinate		Philippa Baker, Place Director,
	the screening and pre-diagnostic support	Supporting pre-screening and diagnostic work within the PCN population is a	Buckinghamshire Oxfordshire and
	within primary care and to work closely with	sensible approach. As mentioned above, some PCN Social Prescribers have already been trained and are conducting memory screening in the community.	Berkshire West Integrated Care
	the Alzheimer's Society Local Dementia Advisers to deliver screening training to	The ICB can share this as an example of best practice to other PCNs, who may	System
	those nominated across the PCNs.	want to do similarly. However, PCNs are autonomous and the ICB cannot	March 2024
		mandate that PCNs must adopt this model. In addition, training would need to	
		be sourced and sustainable (as PCN staff have a significant turnover). This	
		could be with an external provider eg Alzheimer's Society.	
		PCNs do have leads for specific areas (e.g. mental health, cardiovascular, care	
		home etc.) but these are all funded positions. If each PCN was to have a	
		dementia lead, resources would need to be considered.	
11.	Adult Social Care (ASC) to ensure they refer	Agree	Buckinghamshire Council:
	people with memory concerns to the	To improve knowledge of demontic support and conject the Courtille ASC	Angela Macpherson, Cabinet Mem
	appropriate person – GP or social prescriber/named dementia specialist for a	To improve knowledge of dementia support and services, the Council's ASC locality team leads will promote the link to the Dementia Toolkit and "This Is	Health and Wellbeing
ı	prescriber/named dementia specialist for a	iocanty team leads win promote the link to the Dementia Tookit and This is	

	memory screening assessment and for those people with a dementia diagnosis, ASC need to refer to the Dementia Support Service.	Me" resources with staff at team meetings. The Dementia Support Service will also be invited to team meetings to raise more awareness and understanding of dementia services to staff. In addition, locality teams will develop their links to social prescribers in PCNs.	Patience Mudambanuki, Adult Social Care Operations, Buckinghamshire Council Ongoing Review March 2024
12.	Agreement by the Integrated Care Board to	Agree in part	Integrated Care Board:
	additional investment in dementia support		Philippa Baker, Place Director,
	services for Buckinghamshire to address the	The business case for additional investment is ongoing, and funding is under	Buckinghamshire Oxfordshire and
	current under investment in services.	consideration for the financial year 24/25.	Berkshire West Integrated Care
	Additional investment to be used to provide		System
	a better integrated service across all		
	pathways, with clear lines of responsibility.		March 2024
13.	The recommendations in Healthwatch Bucks	Agree in part	Dementia Strategy Group
	report on young onset dementia should be		Dementia Support Service:
	progressed alongside these	Activity is already in place to develop support for people with young onset	Alzheimer's society
	recommendations in this report and	dementia (YoS). The Dementia Support Service offers peer support sessions	,
	therefore progress will be reported to the	for YoS and the Dementia Toolkit includes a section specifically for YoS as it	March 2024
	HASC Select Committee.	is acknowledged that needs are different from those older patients with	
		dementia. Options for further enhanced care is under consideration.	
14.	Care homes to be part of the development of	Agree	Dementia Strategy Group
	the Buckinghamshire Dementia Strategy and	the continue to the different continues and the discount of the continues	A
	develop closer working between primary	It is estimated that 70% of care home residents are likely to have	August 2023
	care network social prescribers, including the	dementia – yet few have a diagnosis. A diagnosis will enable the staff to	
	named dementia specialist, voluntary groups	deliver appropriate personalised care (Enhanced Health in Care Home Framework). Therefore, the DSG will extend an invitation to care home	
	and local care homes to develop dementia	commissioners and the care home provider group to join the DSG. This	
	specific activities to meet the needs of the local community.	will ensure that these key stakeholders are integral in developing	
	iocai community.	Buckinghamshire's strategic approach and contribute to the ongoing	
		development of the dementia action plan.	
15.	Care homes, primary care, hospital care and	Agree in part	Buckinghamshire Healthcare Trust:
	social care partners to encourage the use of		Jo Birrell, Nurse Consultant Older
	"This is Me" to help capture information on	Maintaining and respecting dignity for those with Dementia is vital. However,	People, Buckinghamshire Healthcare
	the person with dementia. Reassurance	this recommendation is agreed in part based on lack of budget to revise the	Trust
	from BHT that the John's principles around	Red Bag Scheme across Buckinghamshire care homes and the challenges	
	the right to stay with people with dementia	of developing a comprehensive Care Home forum to agree a single	June 2023 - agreed documents for a
	is part of the care offered during Hospital	approach.	Cognitive Bundle in all Acute and
	stays.		Community services within BHT and
		1. "This is Me" – It is possible to use "This is Me" within acute hospitals, but	shared with Oxford and Berkshire
		care homes tend to have their own versions of a resident history. It will	West.

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		settings. Encouraging widespread use of this tool will be recommended to the DSG at its next meeting for inclusion in the Buckinghamshire dementia action plan.  2. John's Campaign – From a BHT perspective embedding John's Campaign is part of the Carers Passport and remains work in progress. This is in part because some carers who previously have wanted to be involved in their loved ones care are now saying they see the hospital admission as a break from the level of responsibility. Promotion of John's Campaign principles will be recommended to the DSG at its next meeting for inclusion in the dementia action plan. BHT and OHFT will be asked to assure the DSG that they are operating John's Campaign in their respective Trusts.	bundle to care homes within Buckinghamshire.  July 2023 - cascaded John's Campaign teaching to all services in Buckinghamshire.
	16. The Dementia Strategy Group to undertake	Agree	Buckinghamshire Council:
	an exercise to map current provision and		Angela Macpherson, Cabinet Member
	highlight the gaps in support services with input from social prescribers, social care	The DSG action plan includes a Living Well section for those with dementia and will include the mapping exercise to:	Health and Wellbeing
	commissioners for day opportunities and	Review current provision	Tracey Ironmonger, Integrated
	community board managers with their local	2. Identify gaps	Commissioning, Buckinghamshire
Page	community groups. If the recommendation		Council
	above to have a dementia specialist within	The Council's Integrated Commissioning team are currently undertaking an	
9	each PCN is implemented, then we would	exercise to map current provision and highlight the gaps in support	Wendy Morgan-Brown, Partnerships
	encourage them to be part of this exercise.	services. All stakeholders, including social prescribers, will be consulted as part of this work. The DSG could act as a steering group to facilitate this piece	and Communities, Buckinghamshire Council
		of work and this will be proposed at the next meeting. The Community Boards,	Council
		in conjunction with the Community Engagement & Development team, have	November 2023
		agreed to support the mapping exercise as appropriate.	
	17. Consideration to be given to using existing	Agree	Buckinghamshire Council:
	space at the council-owned day centres at		Angela Macpherson, Cabinet Member
	Buckingham, Aylesbury, Beaconsfield,	The Council-run Short Break Day Services currently have space which could be	Health and Wellbeing
	Chesham, Wycombe and Burnham to accommodate dementia cafes, dementia	used for dementia cafes or dementia support groups. The Council would be supportive of working with any voluntary or commissioned organisation to see	Thomas Chettle, ASC Operations,
	support groups and other activities (both	whether space in the buildings would be appropriate.	Buckinghamshire Council
	voluntary and commissioned) to increase	Whether space in the samanigo would be appropriate.	Buoiming in a market of a market
	access to these services across the county.		May 2024
	18. Buckinghamshire Healthcare NHS Trust	Agree in part	Buckinghamshire Healthcare Trust:
	educators work with the council's library		Jo Birrell, Nurse Consultant Older
	services, voluntary groups and community	Subject to resource capacity and availability, BHT is keen to work with the	People, Buckinghamshire Healthcare
	board managers to re-introduce and develop	Council to develop 'Big Conversations' across Buckinghamshire. The topics	Trust
	a series of "Big Conversation" events across	that could be discussed include, for example:	

take time to make "This is Me" the preferred and only document across all July 2023 - promoted the cognitive

Supported by Buckinghamshire

the county on a rolling basis.

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•	Decisions	to mak	ke on	the	dementia	iourne

- Behavioural and psychological symptoms of dementia (BPSD) the impact on carers and how to cope
- Active walking and risks in dementia
- Dementia and delirium the difference, the relationship and management outside of acute hospitals

The Library Service is also keen to contribute to a series of 'Big Conversation' events and is well positioned to support this initiative with a network of safe and accessible community spaces. Buckinghamshire library staff are trained as dementia friendly champions and the library service has developed partnerships e.g. Alzheimer Society and local care homes to provide services and support to people living with dementia including memory bags, reminiscences collections, the introduction dedicated 'Cosy Corners' with information points and recommended book stock.

The Library Service will link with the relevant Community Boards to support the work where appropriate.

## Council:

David Jones, Library Service, Buckinghamshire Council

Ongoing. To be reviewed by April 2024