

**Date:** 10 December 2020

**Title:** Buckinghamshire Health and Wellbeing Recovery Plan and Joint Health and Wellbeing Strategy Action Plan for Year 1

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**Report Sponsor:** Cllr Gareth Williams

**Report for approval:** The Health and Wellbeing Recovery Plan is part of Buckinghamshire's 3R's recovery framework and the oversight for planning and delivery of this action plan sits with the Health and Wellbeing Board.

**Related Joint Health and Wellbeing Strategy Priority:** The Health and Wellbeing Recovery action plan supports the delivery of the priorities (start well, live well, age well) set out in the Joint Health and Wellbeing Strategy refresh, *Happier Healthier Lives – A Plan For Buckinghamshire*.

**Recommendations:**

- The Health and Wellbeing Board is asked to receive an update on the Health and Wellbeing Recovery plan and the plans for publication of the Joint Health and Wellbeing Strategy in early 2021 at the meeting.
- The Health and Wellbeing Board is asked to approve the action plan for year one included in this report.
- Health and Wellbeing Board members are asked to commit to delivering the action plan and provide regular updates to the board on progress.
- The Health and Wellbeing Board is asked to receive an update on two priority areas. *Keeping residents healthy (supporting healthy behaviours)* and *Promoting Mental Health and Wellbeing* at the meeting.

**Executive summary**

- 1.1 The Health and Wellbeing Board is one of the four partnerships identified in Buckinghamshire 3R's for recovery framework, *reset, resilience and restoration* as playing a leading role in shaping and delivering against the social, economic and environmental priorities for Buckinghamshire.
- 1.2 In recognition of the importance of delivering the HWB recovery plan. The Health and Wellbeing Board agreed that the focus for the first year of the Joint Health and Wellbeing Strategy action plan will be aligned with the recovery action plan.
- 1.3 The plan complements the integrated care partnership recovery and renewal plan for health and care services. It cross references recovery plans developed by the other three partnerships recognising that health and wellbeing is influenced by the wider determinants of health and also adopts the Health in all Policies vision set out in the recommendations of the 2020 Director of Public Health Annual Report-
- 1.4 The evidence base has been provided by national and local data, alongside the Buckinghamshire health and wellbeing resident and school surveys carried out by Public Health over the summer.<sup>1</sup> Intelligence from councillors, health and care services, and behavioural insight interviews have also provided rich information on the local direct and indirect impacts on our different

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<sup>1</sup> The resident survey was completed by 5300 residents and the schools survey was completed by 815 primary school and 2,678 secondary school pupils (June-July 2020).

populations which formed the health impact assessment report presented to Health and Wellbeing Board in October.

1.5 These impacts reflect what we know from national intelligence which highlighted that some populations have been disproportionately affected by the pandemic. For example, the risk of developing severe disease if infected with the COVID-19 virus is much higher for certain groups; individuals from Black, Asian and minority ethnic (BAME) groups, those living in more deprived areas, those working in certain occupations (e.g. social care and taxi drivers) and those with certain pre-existing conditions (e.g. obesity, diabetes and heart disease). The lockdown has had greater negative impact on carers, people with existing mental health conditions and people with disabilities, people in the hospitality industry and those who were already socially isolated.

1.6 Based on the local insights, seven themes were identified and agreed by the health and wellbeing board. The high level actions covering each theme are included as an appendix to this report. They include:

1. Keeping infection rates low and residents safe from COVID.
2. Promoting mental health and wellbeing including addressing social isolation.
3. Keeping residents healthy (supporting healthy behaviours).
4. Addressing the needs of key groups (e.g. Black Asian and minority ethnic groups, travellers, rough sleepers).
5. Community engagement and resilience.
6. Service redesign and recovery in the new normal.
7. Health in All Policies Approach (a wider determinant approach).

1.7 The COVID-19 pandemic is arguably the most significant global public health crisis in the last hundred years. It will continue to be so as we progress through the development of new and improved interventions which seek to improve life, such as testing, medications and vaccine progress. The plan is based on the following key principles to ensure we successfully work with our residents and partners to adapt to a new way of life as we live with COVID-19.

- Communications
- Partnership working,
- Behavioural insights
- Developing community health resilience

### **Consultation and communication**

The action plan has been formed with key partners on the Health and Wellbeing Board. The Health and Wellbeing Board held a multi-agency workshop in November to consider the high level actions included in the action plan.

A consultation on the key priorities of the Joint Health and Wellbeing Strategy took place in September and October of 2020 and will be published in early 2021

### **Next steps and review**

On approval by the Health and Wellbeing Board the multi-agency groups identified for each theme of the recovery plan will implement the actions and report the progress to the Board at each meeting (on a thematic basis)

### **Background papers**

October HWB HIA and Recovery Plan presentation:

<https://buckinghamshire.moderngov.co.uk/documents/s12758/PHWB%20recovery%20plan%20sliddeck%20jog%20V2.pdf>

**Appendix 1: Joint Health and Wellbeing Strategy Action Plan – Year 1 (first draft for comment and approval at the Health and Wellbeing Board on 10 December)**

Table 1 is priority 1 of the HWB Recovery Plan “To keep infection rates low and residents safe from Covid”

The other priorities of the HWB Recovery Plan have been aligned with the overarching Start Well, Live Well and Age Well priority areas of the JHWBS in Table 2.

**Table 1**

Priority Area	High Level Action	Lead
<b>Keep infection rates low and residents safe from Covid</b>		
Work with strategic partners and the public at a local level to prevent, contain and manage outbreaks in Buckinghamshire	Buckinghamshire Operational Outbreak Plan drafted and agreed and aligned with NHS Recovery Plan for Services and Bucks wide 3 Rs for Recovery Plan  All HWB members to support proactive messaging and media	All HWB members
Local contact tracing (LCT) system in place to contact Buckinghamshire residents who test positive for COVID-19	LCT system in place and operational. Case calls prioritised by time in system, age, lost to follow up, linkages to other cases	Public Health
Support the coordination of COVID-19 mass vaccination programme	Effective mass vaccination programme in place rolled out according to government prioritisation.	CCG, Public Health
Increase access to testing	Provide appropriate levels of pillar 2 testing capacity to help address local need.	Public Health

Table 2

Priority Area	High Level Action for year 1	Lead (HWB member or organisation)
Start Well		
<p>We will work with our partners to help children and young people (particularly the most vulnerable) to reach their full potential</p>	<p>Targeted support to vulnerable families over winter 2020/21</p> <p>For the academic year 2020-21, all Providers in Partnership groups (PIPs) whose cohort is made up of a high percentage of vulnerable children, will focus on a parental engagement project to ensure all families, including the most vulnerable are supported to promote families health and well-being.</p>	<p>Children's Services BC Public Health BC Localities BC CCG BHT OHFT</p>
<p>We will seek more feedback from local communities on what is happening in their areas to give children the best start in life</p>	<p>Contribution to the planned thematic health and wellbeing workshops to be carried out across the three Community Board areas (North, South and Central)</p>	<p>Children's Services BC Localities BC Public Health BC CCG BHT OHFT</p>
<p>With our partners we will make sure we provide support to children and families with mental health needs</p>	<p>Implementation of multi-agency mental health plans to address vulnerable children and young people</p>	<p>Children's Services BC Public Health BC OHFT BHT CCG</p>
<p>As part of our COVID-19 recovery work, resources will be targeted appropriately at those families whose circumstances have been affected</p>	<p>Delivery of resilience training and peer support programmes to schools</p>	<p>Children's Services BC Public Health BC</p>

<p>Working with early year's providers, Health Visitors and schools we will make sure that the individual needs of children are identified at the earliest opportunity. Ensuring we can collectively respond at the right time. We will carry out targeted work with our settings and schools in order to improve outcomes and make a difference</p>	<p>A robust CPD offer delivered for all Buckinghamshire settings to support them to recognise children's individual needs. Our early year's team will also work with managers to ensure that training is updated for all early years practitioners to ensure they have the knowledge and skills to identify, and effectively support, all vulnerable children and those with SEND within their setting.</p> <p>Through a variety of strategies, including weekly contact, virtual visits and self-evaluation meetings, advice and guidance is given to early years settings to ensure there is a consistent approach to early identification and intervention for all children, in particularly those who are vulnerable and/or have SEND.</p>	<p>Children's Services BC CCG Public Health BC</p>
<p><b>Live Well</b></p>		
<p>To maximise impact and tackle barriers to healthy lifestyles we will align and co-ordinate prevention programmes across the system. This includes developing a whole system approach to obesity and enabling people of all ages to be more physically active</p>	<p>Co-design a whole system action plan to empower all residents in Buckinghamshire to have a healthy weight</p>	<p>Public Health BC, CCG</p>
	<p>Increase referrals to Live Well Stay Well and reorientating services to meet Covid secure rules</p>	<p>Public Health BC, CCG</p>
	<p>Agree a coordinated approach to addressing food insecurity across Buckinghamshire</p>	<p>Public Health BC Localism Service BC</p>
	<p>Commission identified projects from stakeholder engagement on food insecurity in response to Covid 19</p>	<p>Public Health BC Localism Service BC</p>
<p>We will enhance our organisational workforce programmes to focus on Wellbeing and Mental Health</p>	<p>Integrated Care partners to continue to support resilience in health and care staff through enhanced health and well-being programmes, sharing good practice and through the BOB resilience hub (A hub for NHS and mental health social care staff helping them to manage their mental health and wellbeing). Implementation of responsive support programmes in place into recovery to address long-term impacts.</p>	<p>Public Health BC Adult Social Care BC CCG OHFT BHT</p>
<p>We will focus and co-ordinate action on smoking,</p>	<p>Deliver and monitor progress of the Year 2 (2020/21) and Year 3 (2021/22) multiagency tobacco control strategy action plan to support COVID-19 recovery.</p>	<p>CCG Public Health BC BHT</p>

<p>We will support Community Boards to have and promote a Health and Wellbeing Action Plan for their areas. This includes feedback to the Health and Wellbeing Board</p>	<p>Health and Wellbeing Board to host <b>3 workshops</b> in June 2021 linked to North, Central, South Community Board areas as a way to engage with communities and the VCSE to feed into individual community board HWB actions plans and setting of annual health inequality priority.</p>	<p>All HWB organisations (A working Group to be co-ordinated and led by PH and Localism service)</p>
<p>We will continue work on social isolation and social connectedness as a shared priority to develop a system wide response to social isolation</p>	<p>Identify those ‘at risk’ of social isolation, by developing a multi-functional social isolation identification ‘tool’ and Improve insight into the problem of SI in communities, and facilitate the co-design of solutions with local communities.</p>	<p>Public Health BC CCG BHT Localities BC VCSE</p>
	<p>Implementation of Prevention Matters Programme</p>	<p>Adult Social Care BC</p>
	<p>Commitment from HWB members to proactively coordinate access to national funding opportunities to enhance the Bucks social prescribing offer</p>	<p>Buckinghamshire Council CCG Community Impact Bucks The Clare Foundation Healthwatch</p>
<p>Using data from Covid-19 rapid assessment we will focus on Black, Asian and Minority Ethnic (BAME) groups and locations where people have worse health</p> <p>We will introduce culturally competent health promotion and disease prevention programmes that work with communities to understand the impact of COVID-19 on them</p>	<p>Culturally competent COVID-19 Prevention Communications materials in a range of languages and formats, responsive to priority public health messages and disease epidemiology produced</p>	<p>Buckinghamshire Council Community Impact Bucks The Clare Foundation Healthwatch</p>
	<p>Culturally competent COVID-19 Prevention communications materials for BAME Community Leaders to support appropriate communications with their communities produced</p>	
	<p>Community Boards with significant BAME Communities living in their geographies supported to understand the specific risks their communities face from COVID-19 and support activities that improve COVID-19 outcomes or recovery.</p> <p>Plans in place to increase general health promotion/disease prevention in target communities including BAME with an immediate focus on cardiovascular disease prevention</p>	
	<p>Support plan for VCS organisations that work with BAME communities to identify and attain funding for activities that</p>	

	improve COVID-19 outcomes or recovery developed and implemented	
As part of our Covid-19 recovery work, resources will be targeted appropriately to support residents who are most in need. Including those impacted by domestic abuse, social isolation, food poverty, debt and homelessness.	The HWB with its partners will focus on building capacity across the Buckinghamshire VCSE for community participatory research to support those in highest need We will carry out systematic reviews and planning to ensure that those who are most vulnerable (including carers , the travelling community and those living with a disability and most at risk of poor wellbeing) get support  To develop a sustainable and consistent Asset Based Community Development (ABCD) approaches across Buckinghamshire.	Healthwatch Community Impact Bucks The Clare Foundation Public Health BC  Public Health BC
We will oversee a shared population health approach to reduce health inequalities and reduce the negative impacts of the wider determinants of health	The Health and Wellbeing board will oversee a review on the recommendations in the health in all policies vision through the 2020 Director of Public Health Annual Report	Public Health BC
<b>Age Well</b>		
Support individuals to live independently with good physical and mental health	Undertake strength based assessments, utilising the clients available resources and deliver effective community based adult social care services to support independence	Adult Social Care BC
We will adopt the 'Home First' philosophy across the health and care system. We will treat people with dignity and respect at the end of their lives	Discharge from hospital will be based on discharge home as the default route, unless there a need for bed based care. Deliver an effective end of life pathway	Adult Social Care BC CCG
We will support Community Boards and Primary Care Networks to help them support communities	Support to community boards providing advice on data driven needs and priorities to ensure funding distributed effectively.	Adult Social Care, Public Health BC CCG
In response to Covid-19, we will continue to provide a co-ordinated response to support care	Develop a local plan to deliver the Enhanced Health in Care Homes Framework to care homes	Adult Social Care BC

homes		
<p>We will work with providers to develop a sustainable and appropriate care market provision to meet future need in Buckinghamshire</p>	<p>Implementation of the market management plan (including development &amp; engagement) Review post Covid demand for accommodation based services Support health and social care academy development including social care market development</p>	<p>Adult Social Care BC</p>