



Celebrate

YOUR COMMUNITY



Community Board
Amersham and
Villages





Little Chalfont Primary School Edible Garden project



Rob Hacking

Community involvement

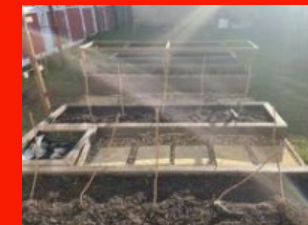
Part-funded by Amersham and Villages Community boards

All classes benefitting

All produce will be shared with the community

Eco-schools Green flag/RHS school gardening award

Future projects – please come and say hello!





CHILTERN OPEN AIR MUSEUM

Accompanied Walks

Chiltern Open Air Museum

Chiltern Open Air Museum is a leading regional visitor attraction with 37 heritage buildings set in 45 beautiful acres on the edge of Chilterns AONB. It is a leading centre of lifelong learning, keeping the heritage of the Chilterns alive for all to enjoy.

Chiltern Open Air Museum is a registered charity and receives no regular grants towards its running costs or capital projects. We are grateful for the fantastic support of over 200 volunteers and the Friends of the Museum Association.



The Accompanied Walks projects have been made possible thanks to funding from Amersham & Villages Community Board, the Sherling Charitable Trust and the King/Cullimore Charitable Trust.

- **Conditions Experienced by Walkers**

Dementia, Alzheimer's, Parkinson's Disease, Motor Neuron Disease, depression, anxiety, limited mobility, grief due to bereavement, loneliness and autism/ASD

Accompanied Walks 2021

- Facts and Figures

- We conducted **77** Accompanied Walks
- We welcomed **116** walkers and companions (and 5 dogs!)
- The programme was delivered by **10** wonderful COAM volunteers
- For **60%** of our walkers, it was their first visit to COAM
- Social Prescribers referred **22** walkers to us
- Several care home residents joined us for Accompanied Walks including those from The Croft and Chesham Bois Manor. In most instances, this was their **1st** trip out since the start of the Pandemic.



“I hadn't been out for a long time due to Covid so it was a big step and I was nervous but I needn't have been as everyone was lovely. As a result, a few days later, I had the confidence to go for a local walk.”

“I have mobility problems which COAM took into account and adapted my walk to suit me. Wonderful people and very welcoming.”

“I wanted to let you know how well we were looked after....There are so many people that need to be given the opportunity to get out after Lockdown and resume some social activities. We will pass on the leaflet to others that might benefit from such individual attention and access to a safe outdoor venue to walk in.”

“It seemed to be well organised and thought out particularly for people with walking difficulties. The transfer in the buggy was very welcome and made the visit more enjoyable.”

-Accompanied Walkers

“We are telling everyone we meet about COAM, and all the great things you are doing. We will pass on to the PPGs in each surgery and ask if we can leave some of your leaflets too. We were in Amersham Health Centre telling the practice manager about your walks and she was really impressed.”

-Social Prescriber



CHILTERN OPEN AIR MUSEUM

**Accompanied Walks for young adults with autism / ASD will run at Chiltern Open Air Museum on
Tuesdays and Wednesdays during May and June 2022**

**Accompanied Walks for the over 65s will run at Chiltern Open Air Museum on
Wednesdays and Fridays from April to October 2022
(subject to health guidelines)**

**For further information on Accompanied Walks at COAM,
please contact Jacqui Gellman**

COAM Outreach outreach@coam.org.uk / 01494 871117

Chiltern Rangers Environmental Youth Engagement Amersham & Villages Community Board Project





Chiltern Rangers Environmental Youth Engagement Amersham & Villages Community Board Project

- 17 Community Events
- 6 More on the way
- 320 Young People Volunteers, 70 Adult Volunteers
- 700 hours of volunteering
- Community Partners:

Amersham & Villages Community Board, Stony Dean School, St Mary's Amersham CofE School, Our Lady's Catholic Primary School, Action for Youth, Chesham Bois Parish Council, The Woodland Trust, Amersham Hospital Staff and Volunteers, Chiltern Rangers Volunteers.













How can we get involved?

1. Easter Mop End Pond and Heathland Community Session
2. Volunteer as an individual or introduce your community group
3. Suggest a project or place to enhance
4. And much more...

paul@chilternrangers.co.uk



The Fitness Garden

Benson Miyoba





Celebrate

YOUR COMMUNITY



Community Board
Amersham and
Villages





PROUD OF BUCKS

AWARDS



Buckinghamshire
Council

THE **CLARE**
FOUNDATION

CHARITIES • BUSINESSES • PEOPLE

Charity No. 1131949

Working Together for Bucks



Congratulations